



**NORTH
EAST**

The Learning Disability Charity

Tomorrows Newsletter

Issue No.1 2013

Points of Interest:

★ Who's who

★ Tomorrows Launch Party

★ New Social Drop In

★ News Stories

★ Activities

John Middleton North East Actor



John Middleton

Tomorrows are proud to announce that **John Middleton**, star of long-standing ITV soap opera **Emmerdale**, has agreed to support **The Tomorrows Project**.

It is truly a privilege to have someone whose roots are firmly embedded in the region to offer their backing to our project.

This is what John himself had to say about the relationship. "I am from North Tyneside and delighted to support 'Tomorrows' - a new project by LD:NorthEast.

This is being funded by the Big Lottery.

When I heard about the project I thought WOW! North Tyneside now has a beacon of hope for people over 50 who have a learning disability.

I feel privileged to support the work of LD:NorthEast"

John Middleton - Emmerdale Actor

Tomorrows Members



Tomorrows is a new and exciting project supported by The Big Lottery, via its 'Reaching Communities' funding stream.

The Tomorrows project started in November 2012 and already we have over 90 members!

Tomorrows support older people living in North Tyneside who have a learning disability, and require light support to be able to live independently or to feel socially included within their community.

Tomorrows is a 5-year project that, because of its success, we hope to be able to extend.

We are looking for Volunteers and fundraisers for this very exciting project. If you need support, know someone who does or would like to help we would love to hear from you.

Who's Who at Tomorrows



Jacqui Thompson

Jacqui has come to work with LD:NorthEast as Tomorrows coordinator making a positive move to the third sector. She brings experience, passion, organisation and enthusiasm to this important project.



Julie Redpath

Julie has joined The Tomorrows team as a case worker and activity worker, having worked in the statutory sector. Julie's experience and creativity is invaluable to the project.



Daniel Moore

Daniel has joined The Tomorrows team straight from university as a case worker and activity worker. Daniel is committed and enthusiastic to help others.



Linda Hendrie

Linda has experience in business administration and has joined the Tomorrows team as project administrator. Linda is the glue that keeps the project together.

Tomorrows Launch Party - Huge Success.

Tomorrows official launch event took place on Friday evening the 10th May at the Park Hotel, Tynemouth.

More than 250 people came along to our event to offer their support.

The evening started off with LD:NorthEast's very own Sing Out Loud choir followed by entertainment from students of Burnside Community College and a disco which went on till the early hours! The evening was a huge success.

Tomorrows would like to thank all of the volunteers who helped out on the night and to everyone who came along to party and support our project.

Also special thanks to everyone who kindly donated prizes.



Sing Out Loud Choir



Megan and Joseph, Burnside students



Party Revellers



Launch Party

Sports Inclusion Activities



Tomorrows have been lucky to work with Sports Inclusion North Tyneside promoting sport sessions.

Tomorrows members have taken part in archery, boccia, street curling, new age bowls and street golf sessions.

Our members have thoroughly enjoyed taking part in the sports and some of our members have gone on to secure places on a 6 weeks archery course.



Friday Social Drop In



The Friday social drop in started in November 2012 and is held at the LD:NorthEast office, Park Road, Wallsend.

The social day started due to many members saying that they felt socially isolated and wanted a place where they could meet up with old friends and also make new friends.

People can call in any time between 10:00 and 15:00. A Tomorrows case worker is always on hand to support with any letters or correspondence. To find out about activities or social events which are taking place at LD:NorthEast please contact Tomorrows on: 0191 200 1100

Bakery Sessions a Success

Members decided they would like to start a traditional bakery class.

The consensus was that there are courses out there, however not traditional cookery. Initially the course ran for a six week period, each week members deciding what they'd like to bake. This has ranged from traditional scones, shortbreads and cupcakes.

Because of its success and the members enjoyed it so much, we will be starting another course in the very near future!



Tomorrows Snooker Club



Learning techniques

Following requests from Tomorrows members, some whom have great experience in the sport and some who have never played before, it was agreed that a '6 Weeks Snooker Club' would be started.

The snooker sessions were held at Whitley Bay Snooker Centre and members met once a week to learn new techniques, play snooker and compete in tournaments.



Tomorrows snooker club receiving trophies

At the final session, trophies were awarded by Paul, owner of The Whitley Bay Snooker Centre and it was clear that a good time was had by all involved.

A meet and greet with Steve Davis was also arranged, where Norman and Ian got to watch their idol play a few frames and were delighted to meet the man himself.



Norman and Ian meeting Steve Davis

Because of the popularity of the snooker sessions, we have now set up a regular snooker club with the addition of a darts club.

The snooker and darts club run every Thursday from 13:00 - 15:00 at The Crescent Club, Cullercoats. All abilities are welcome. If you would like to join one of our teams please contact Tomorrows for more information.

Volunteers Zip Wire!



LD:NorthEast have secured places for volunteers to zip wire off the Tyne Bridge on Sunday 20th October 2013.

The zip slide starts from the Newcastle side of the bridge and travels diagonally across the River Tyne for 230m before finishing at HMS Calliope on the Gateshead side.

There has been a huge demand, because of this we will be booking more places next year.

If you feel daring enough and you would like to raise money for LD:NorthEast please contact Jacqui or Julie for more information. Or if you would like to sponsor one of our daredevils please get in touch!

Friends Reunion

It had been over 40 years since Yvonne and Christine last saw each other. Best friends throughout school, they enjoyed school days, sharing holidays and spending time together as girls do.

However, due to moving to different high schools Yvonne and Christine sadly lost touch. It was through becoming members of Tomorrows that they have now been reunited.

Christine made a fleeting comment to Jacqui stating which previous schools she had attended. Jacqui put two and two together and made the connection. Jacqui played detective and organised a reunion.

Since the reunion, the two have become best friends again and see each other every week, they have girly evenings and they have even booked a holiday together!



Christine and Yvonne meeting up again

Safety Works



Tomorrows are working in close collaboration with Northumbria Police.

We are very fortunate to be able to offer Safety Works free to Tomorrows Members.

Safety Works is a new initiative run by Tyne & Wear Fire Service and Northumbria Police.



Safety Works is an interactive safety centre that provides enjoyable learning experiences enabling visitors to participate in realistic safety situations which illustrate everyday hazards and how to prevent them.

Such situations and hazards include fire safety, home safety, personal safety, hate crime to name just a few.



Our first session commences on July 5th 2013 and hopefully we will be able to secure more places in the future. If you would like more information, please contact the Tomorrows team.

